

# “Mercy offers a holistic approach to cancer, from medicine to nutrition to massage.”

—Lousie Hurlbutt of Kennebunk, breast cancer survivor, with oncology nurse Carolyn Murphy, R.N.



After 20 weeks of chemotherapy, Louise’s treatment team at Mercy’s Oncology-Hematology Center became like old friends—and more. She describes her nurse, Carolyn Murphy, as “an angel”, and loves her medical oncologist, Sarah Ketchum, M.D.

She’s especially grateful for the services Mercy provides beyond conventional medicine: massage therapy, cancer-specific nutritional counseling, and a lymphedema treatment center. She believes this marriage of different healing modalities truly embodies the slogan *Excellence at the heart of healing.*

*What’s kept Louise’s spirits up during the long process of recovery from breast cancer? “I realized early on that cancer invades the body, but not the soul. And that’s something Mercy fully understands.”*

  
**ONCOLOGY  
HEMATOLOGY  
CENTER**

## February/March Guide to Wellness

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Dr. Irina Babayan**

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## When you've made the right decision, you know.

Even though we knew it was time, moving to an assisted living community was one of the hardest decisions we've ever had to make. But I knew we'd made the right choice when we decided to come here.

I never dreamed it would feel so much like home. And it's good to know we won't have to move again if our financial situation changes.

We looked at a lot of places. The moment we decided on the Inn at Village Square, we knew we'd made the right choice.

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care to our patients and aspire to be the pre-eminent full service cardiology group serving Northern New England. Visit [heartmaine.com](http://heartmaine.com) for more information.

**CASCO BAY GASTROENTEROLOGY** is a state-of-the-art gastrointestinal practice specializing in the prevention, diagnosis, and treatment of diseases of the digestive tract and liver, with an on-site Endoscopy Center and Saturday appointments. Located at 25 Long Creek Drive in South Portland, 879-0094, [cascobaygastro.com](http://cascobaygastro.com)

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**MAINE COAST ORTHOPAEDICS AND MAINE COAST ADULT HEALTH CARE** Located in Portland, we provide orthopaedic treatment for fractures, reconstructive surgery, sports injuries, arthroscopy, ACL repair, and total knee and hip replacement. Also offering family care services for ages 12 and up by Sheri L. Piers, ANP. We accept all insurances. For more information, please call 797-0113.

At **MERCY'S ONCOLOGY HEMATOLOGY CENTER**, we offer more than just the latest cancer therapies. We have a caring team that can provide the emotional and spiritual support needed to face the day to day challenges that often accompany a diagnosis of cancer.

Established in 2006, **OBIE'S FITNESS** is owned by Robert "Obie" Philbrook, winner of numerous bodybuilding competitions including the 1997 Mr. Maine Overall Title. Provides a home-like venue offering a comfortable atmosphere, affordable rates, diversified personal trainers, and top-notch equipment conducive to improving one's physical fitness. [obiesfitness.com](http://obiesfitness.com)

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